Grow Your Own Vegetables

Course Syllabus

Welcome!

Grow Your Own Vegetables is our namesake course taught by Master Garden Instructor Stacey Murphy.

This simple, 7-Step system will teach you everything you need to know to grow your abundant organic garden. That's why we call it the Big Kahuna!



Course Instructor
Stacey Murphy

FEATURED ON
MARTHA
MARTHA STEWART LIVING RADIO
PBS

Your Course...For LIFE

When you purchase a course from Grow Your Own Vegetables, you get lifetime access to everything inside! All course materials, including videos, are yours to download.

Revisit the course throughout your gardening journey to track your garden process, reflect on what works for you, revisit ideas, make meaningful updates to your system, plan for the future, and do it again next season.

Harvest Club Bonus

Your course includes 2 months of free membership in our online community, Harvest Club. Access our enormous archive of resources on indoor & outdoor gardens, individual plants, and pests & diseases. Get our monthly newsletter, join the Garden Jam Sessions, and find inspiration with member spotlights! AND get one-on-one advice for your garden from Crystal, or Garden Support Superhero!

30 DAY MONEY BACK GUARANTEE

30 Day Money Back Guarantee

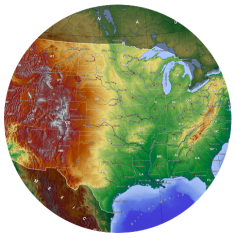
We offer a 30 day money back guarantee on the Grow Your Own Vegetables course. If you decide the course isn't for you, you can get a full refund within 30 days of your purchase. No hassles. We're pretty easy to work with :)

To your garden journey and abundant harvest! Let's get growing :)

🌱 Grow Your Own Vegetables Team 🌱

Lesson 1: PLACE

Site & Microclimate



Identify what makes your site unique, get to know your climate, and understand your local resources, so you can work WITH nature. Working with nature can save precious time and money!

Each step includes a video, video transcript PDF, and slides you can download!

Lesson Steps		Featured Resources
1	***Survey Your Climate and Land***	🌎 Lesson 1 Workbook 🌎 Complete Your Site Assessment Worksheet 🌎 Draw & Map Your Shadows Worksheet
2	***List Your Needs: Tools & Equipment***	🌎 Garden Tool Guide 🌎 Garden Budget Template
3	***Gather Your Resources***	🌎 Gathering Resources Worksheet 🌎 Organizing Your Resources Template 🌎 Templates for Requesting Resources
	Need to borrow land? Follow our steps to find landowners, set expectations & negotiate contracts.	
4	***Organize Your Site & Locate Your Planting Beds***	🌎 Planning Guidelines + Worksheet
5	***Creating Microclimates***	🌎 Microclimates Worksheet
	Discover how to create microclimates to extend your growing season!	

Lesson 2: SOIL

Health Starts Here



Learn the essentials to turn "dirt" into living, nutrient-rich SOIL + 3 basic practices to ensure long-term fertility. Compare planting bed styles and choose the one that's right for you.

Each step includes a video, video transcript PDF, and slides you can download!

	Lesson Steps	Featured Resources
0	***Soil Essentials For Beginners***	🔮 Lesson 2 Workbook 🔮 Choose Your Garden Style Guide 🔮 What's Your Growing Media Worksheet 🔮 Soil Essentials Pop Quiz
1	***Getting to Know Your Soil***	🔮 Getting to Know Your Soil Worksheet 🔮 Soil Jar Test Worksheet 🔮 Interpreting Your Soil Results Guide
2	***Soil Amendments***	🔮 Soil Amendments Worksheet
	Nurture healthy, living soil that nourishes you year after year!	
3	***Building Your Planting Beds***	🔮 Choosing Your Planting Style Guide 🔮 Planting Bed Matrix 🔮 How to Use Basic Soil Cultivation Tools
4	***Fertility Regeneration Plan***	🔮 Soil Fertility Log
	With soil fertility, you get what you give. Discover different ways to keep building healthy soil!	

Bonus: *Soil Remediation Case Study*

Learn how to remediate soils with heavy metals (like lead!) quickly and naturally!

Lesson 3: COMPOST

Bins, Teas & Biochar



Compost happens! 💩

Reduce landfill waste by turning it into soil, and eliminate the need for synthetic fertilizers. You don't need a ton of space! Discover the right method for you and how to set up your best compost system.

Each step includes a video, video transcript PDF, and slides you can download!

	Lesson Steps	Featured Resources
0	***Why Compost? What Style is Right for You?***	💩Lesson 3 Workbook 💩Compost Assessment Worksheet 💩Compost Flow Chart 💩Compost Matrix
1	***Compost Essentials***	💩Compost Pop Quiz
	Learn the science and create efficient compost strategies that fit your needs & lifestyle!	
2	***Building Your Compost Bin***	💩Compost Bin Guidelines
	Discover types of compost bins and how to set yours up for success.	
3	***How to Compost***	💩Compost Recipe Worksheet 💩Compost Log
4	***Add Compost to Planting Beds***	💩Find out when, where, and how much compost to add to your garden beds.

Bonuses: ***Compost Tea, Vermicompost, Bokashi, Biochar***

Including a Compost Tea Recipe, Vermicompost Checklist, and Bokashi Checklist

Lesson 4: PLANTS

Small Plot Growing



Plant like a pro! Learn when to plant, and easily plan your growing season with our templates. Find out how to seed and transplant densely to maximize your space (and harvests!)

Each step includes a video, video transcript PDF, and slides you can download!

	Lesson Steps	Featured Resources
0	***Why Small Plot Growing?***	🌱 Lesson 4 Workbook
	Learn how to plant densely to maximize your harvest and resources!	
1	***Plant Life Cycles***	🌱 Understanding Plant Life Cycles Worksheet 🌱 Seed Saving Guide
2	***Choosing Crops***	🌱 Choosing Your Crops Worksheet
	Find out how to meet mother nature halfway, so you can successfully grow your favorite foods!	
3	***Creating Your Crop Plan + Templates***	🌱 Sample Crop Plan Guide 🌱 Companion Planting Guide 🌱 Create Your Own Crop Plan Template
4	***Ordering Seeds & Choosing Transplants***	🌱 US Seed Source Guide 🌱 Seed Variety Log
5	***Planting Your Site***	🌱 Seed and Transplanting Worksheet 🌱 Calculating Seeds for Purchase Guide

Bonus: *Propagation + Seed Starting Log*

Lesson 5: TIME

Enjoy it!



Your time is valuable: do the things that matter! Master garden efficiency and eliminate unnecessary work. Learn exactly what to do each week and how long it will take!

Each step includes a video, video transcript PDF, and slides you can download!

	Lesson Steps	Featured Resources
0	***Mindset - Time & Enjoyment***	🌈 Lesson 5 Workbook 🌈 Time & Enjoyment Worksheet 🌈 Garden Activities Worksheet 🌈 Garden Observation Notes Worksheet
1	***Setting Your Calendar for the Season***	🌈 What Calendar Will You Use? Worksheet 🌈 Weekly Garden Schedule Worksheet 🌈 How to Create & Share a Google Calendar with Notifications & Alerts
2	***Time Mastery - Staying on Schedule***	🌈 Time Log 🌈 Crop Enterprise Budget
3	***Avoiding Time Traps***	🌈 Avoiding Time Traps Worksheet
	Spend more time doing what you love by avoiding these common garden time traps!	
4	***Time Savers***	🌈 Time Savers Worksheet
	List your action steps, so you can create an enjoyable, time-saving garden routine.	
5	***Getting Help***	🌈 Sample Direction Sheet for Helpers

Lesson 6: WATER

Fluid Systems



Analyze how much water your garden naturally receives compared to your vegetables' needs. Complete your first basic plumbing project with a rainwater harvest or drip irrigation system. You won't believe how much work this will save you in the long run!

Each step includes a video, video transcript PDF, and slides you can download!

Lesson Steps		Featured Resources
0	***Why Water Retention?***	💦 Lesson 6 Workbook 💦 Why Water Retention? Worksheet
1	***Practical Strategies for Getting Started***	💦 Understanding Water Essentials Worksheet 💦 Hydration Analysis Calculation Spreadsheet
2	***Finding and Storing Water***	💦 Finding and Storing Water Worksheet 💦 Precipitation Log 💦 Finding & Storing Water Calculations Worksheet
3	***Spreading and Sinking Water***	💦 Spreading and Sinking Water Worksheet
	Learn how plant maturity and soil type affect your plants' water needs. Discover systems, tools, and techniques for saving time and keeping your plants happy and hydrated!	

Bonuses: ***Setting Up Drip Irrigation +Drip Irrigation Guide***
Overhead Hose Trolley Video

Lesson 7: YIELD

Cultivation & Harvest



Lucky for us, plants want to grow and reproduce! Discover how to promote growth and increase your harvest. Harvest the right way, and enjoy the freshest, most flavorful vegetables!

Each step includes a video, video transcript PDF, and slides you can download!

	Lesson Steps	Featured Resources
0	***Understanding Plant Care***	🍅 Lesson 7 Workbook 🍅 Crop Maintenance Guide
1	***Harvesting Vegetative Crops***	🍅 Calculate Your Fossil Fuel Savings Guide
	Learn when and how to harvest your root crops and leafy greens for maximum flavor & yield!	
2	***Pruning & Trellising***	🍅 Trellising Methods 🍅 Prune Like a Pro
3	***Harvesting Fruiting Crops***	🍅 Harvest for Maximum Flavor & Nutrition 🍅 When to Harvest Your Favorite Crops
4	***Harvest Day Process & Tools***	🍅 Harvest Log
	Use our harvest day tips to keep your vegetables fresher for longer!	
5	***Weed Management Strategies***	🍅 Weed Management Worksheet

Bonuses: ***Harvesting Quick Videos: Using a Collinear Hoe, Harvesting Collards & Kale, Chard, Eggplant, Basil & Parsley, Cabbage***

BONUSES!

Take Your Garden to the Next Level

Find new ideas and answers to your garden questions, manage pests, get to know your favorite vegetables, and find JOY in your garden!

	Bonuses	Sneak Peak
1	***Specialty Topics!***	🌻 Take growing to a whole new level with containers, trays, season extension, microgreens, sprouts, beekeeping, edible flowers, cover crops, garlic, how to sell your produce & more!
2	***Joyful Gardener Docuseries***	💚 Recordings of all 8 episodes of the Joyful Gardener Docuseries!
3	***Fresh Food Challenge Course***	💰 Challenge yourself! How much food can you bring to your table while spending less than an hour of time each week?
4	***Food Revolution Summit***	🍜 Bestselling author Ocean Robbins interviews the top food experts on the planet, revealing the latest insights and breakthroughs to help you heal your body and your world—with food! Get the latest Food Revolution Summit.
5	***Pest & Disease Mini Course***	🐛 Discover 42 preventative strategies to grow your food pest and disease free. Save yourself tons of energy trying to fight them off!
6	***Five Delicious Recipes for Garden Greens***	🌿 Exciting, plant-based recipes to please even the pickiest eaters :)
7	***15% Off Heirloom Seeds from Seeds for Generations***	🥕 Course members can enjoy 15% off seed orders (no minimum order amount).

Harvest Club Bonus: *2 Free Months Membership*